



## DISCUSSION GUIDE

# Through the Fire

How God makes us better than before.

## Overview

We all go through fires—stress, disappointments, failures, and more. We need God and spiritual friends to help us come out of our fires better than we were before.

In this discussion, we'll learn how to go through the fires of life and come out better than we were before.



### WATCH THE VIDEO

Scan the QR code to watch ["Through the Fire."](#)



### OPTIONAL: PAUSE & DISCUSS

If you're watching the video, consider pausing it here to discuss your answers to the reflection question. Then continue watching the end of the video.

## Warm up.

**Question:** If there were a fire, what three things would you grab from your house? (excluding loved ones and electronics)

**Transition:** When we go through the fires of life, we need God and spiritual friends to help us come out better than we were before.

## Watch together.

**Video:** "Through the Fire"

Scan the QR code to watch the short devotional video together. You can follow along with this guide while you watch, use it as a recap after the video, or use it on its own.

## Read and talk.

### 1. How am I handling the fires of life?

You've allowed our enemies to prevail against us. We've passed through fire and flood, yet in the end you always bring us out better than we were before, saturated with your goodness.

— [Psalm 66:12 TPT](#)

- **Key point:** When we go through the fire without God, we come out burnt, bitter, unbelieving, and wanting to quit. When we go through the fire with God, we come out better than before.
- **Reflection:** How am I handling the fires of life?

### 2. How can I go through the fire and come out better?

I will bring that group through the fire and make them pure. I will refine them like silver and purify them like gold. They will call on my name, and I will answer them. I will say, 'These are my people,' and they will say, 'The LORD is our God.'

— [Zechariah 13:9 NLT](#)

- **Key point:** God brought "that group" through the fire. We can learn from this that we should never go through the fire alone!
- **Key point:** God called them "my people" and they called him "our God." Fires can make God real, personal, and attached to us.

Notes:

### 3. What good things happen in my life when I go through the fire?

So be truly glad. There is wonderful joy ahead, even though you must endure many trials for a little while. [7] These trials will show that your faith is genuine. It is being tested as fire tests and purifies gold—though your faith is far more precious than mere gold. So when your faith remains strong through many trials, it will bring you much praise and glory and honor on the day when Jesus Christ is revealed to the whole world.

— 1 Peter 1:6-7 NLT

- **Key point:** Two things happen when we go through fire: some things burn up, some things ignite.
- **Reflection:** What trials am I experiencing right now? (*Examples might include life expectations, increased work responsibilities, family demands, sin challenges, or disappointments.*)

#### Discuss.

- What are my current fires/trials?
- What needs to get burned up by these trials? (*Examples might include pride, insecurity, bitterness, fear of failure, or compromise.*)
- What needs to get ignited by these trials? (e.g. *my focus on God, my friendships, or my purpose.*)

#### Keep growing.

This week:

- **Build your team:** Pick two or three friends to talk to this week about being a team that goes through the fire together.
- **Work together:** Ask your friends for new, creative ways that you can attach to God through the fire this week.



#### DIVE DEEPER

For more on this topic, check out ["Trust The Process: How God Prepares Us For Our Destiny."](#) a devotional from Deep Spirituality.

